

## Yachting Australia Club Coach (NCAS Sailing Level 2)

### ***Updating and Re-Accreditation Policy***

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In order to maintain their accreditation coaches must undertake to develop their skills over a four-year period.

*Coaches must complete all of the following activities:*

- Maintain registration with Yachting Australia
- Complete at least 30 hours of practical coaching each year at club level or above
- Maintain First Aid and CPR Qualifications
- Complete at least 10 hours assisting at a State Youth or Junior Squad Program
- Complete at least 10 hours assisting at a regional or class coaching clinic
- Work with their assigned mentor to maintain personal development

*Coaches must also complete two separate activities from the following:*

- Complete the next level of accreditation
- Assist with presentation of a level 1 Instructor/Coaches Course
- Undertake 8 hours of personally appropriate professional development training:
  - *Examples of suggested topics include Sports Massage, Sport Administration, Strength and Conditioning, Leadership, Communication, Advanced Racing Rules, Sailing Technology, Meteorology, Sports Psychology, Time Management etc.*
- Assist with presentation of a Disability Education Program (DEP) Module
- Gain DEP Presenter qualifications
- Act as a mentor for a new coach or instructor (minimum commitment is to see the coach/instructor through their qualification)
- Write and/or publish an article related to an aspect of coaching
- Undertake training as a Race Officer, Judge or Umpire
- Observe 8 hours of a senior coach in action

#### **Conditions**

- All activities must be recorded in the coaching logbook and where possible verified by a mentor or course provider.
- Updating activities not listed above may be considered on direct application to the MYA or Yachting Australia.
- Updating activities should be carried out over the four years and should not all be completed within a 12-month period.

#### **Lost Accreditation**

Should a coach not fulfil the updating activities, take a break from coaching or not be able to meet the above requirements for any other reason, re-accreditation must be sought through the MYA or Yachting Australia.

The coach will either be required to undertake the entire Level 2 Training Program again or to undertake the assessment tasks again. This will be at the discretion of the MYA/Yachting Australia and will depend on the amount of time that the coach has been inactive for, as a general guide, coaches inactive for more than 2 years will be required to re-complete the full training program.